



# Schuylkill Valley Elementary School


## February 2024



Every meal consists of servings from the following 5 meal components: Meat/Meat Alternate, Whole Grains, Vegetable, Fruit, and Milk

Students **MUST** select a **MINIMUM** of 3 meal components offered and 1 **MUST** be a fruit or vegetable

A selection of white and flavored 1% and skim milk are offered daily

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
			A - Beef Nachos Grande', Fiesta Black Beans & Fruit B - PBJ Uncrustable w/Cheese Stick & Crackers, Vegetables of the Day & Fruit	A - Toasted Cheese Sandwich, Tomato Soup, Broccoli & Fruit B - PBJ Uncrustable w/Cheese Stick & Crackers, Vegetables of the Day & Fruit
5	6	7	8	9
A - Penne Alfredo w/ Chicken, Corn, Tossed Salad & Fruit B - PBJ Uncrustable w/Cheese Stick & Crackers, Vegetables of the Day & Fruit	A - French Toast Sticks w/ Turkey Sausage, Fresh Carrots, Hash Brown & Fruit B - PBJ Uncrustable w/Cheese Stick & Crackers, Vegetables of the Day & Fruit	A - Pasta w/ Meatballs, Green Beans, Tossed Salad & Fruit B - PBJ Uncrustable w/Cheese Stick & Crackers, Vegetables of the Day & Fruit	A - Chicken Tenders w/ Dinner Roll, Glazed Carrots, Tater Tots & Fruit B - PBJ Uncrustable w/Cheese Stick & Crackers, Vegetables of the Day & Fruit	A - Chicken Corn Dogs, Baked Beans, Broccoli & Fruit B - PBJ Uncrustable w/Cheese Stick & Crackers, Vegetables of the Day & Fruit
12	13	14	15	16
A - Pizza Slice, Green Beans Tossed Salad & Fruit B - PBJ Uncrustable w/Cheese Stick & Crackers, Vegetables of the Day & Fruit	A - Egg, Bacon & Cheese McMuffin, Hash Brown Patty, Carrots & Fruit B - PBJ Uncrustable w/Cheese Stick & Crackers, Vegetables of the Day & Fruit	A - Chicken Nuggets w/ Roll, Broccoli, French Fries & Fruit B - PBJ Uncrustable w/Cheese Stick & Crackers, Vegetables of the Day & Fruit	A - Cheeseburger w/Tater Tots, Baked Beans and Fruit B - PBJ Uncrustable w/Cheese Stick & Crackers, Vegetables of the Day & Fruit	A - Walking Tacos w/ Lettuce & Salsa Corn & Fruit B - PBJ Uncrustable w/Cheese Stick & Crackers, Vegetables of the Day & Fruit
19	20	21	22	23
<b>NO SCHOOL HOLIDAY</b>	A - Chicken Patty on Bun w/ Glazed Carrots, Tater Tots & Fruit B - PBJ Uncrustable w/Cheese Stick & Crackers, Vegetables of the Day & Fruit	A - Mozzarella Sticks w/ Marinara Sauce Dinner Roll, Corn and Fruit B - PBJ Uncrustable w/Cheese Stick & Crackers, Vegetables of the Day & Fruit	A - Macaroni & Cheese w/ Bread Stick, Green Beans, Tossed Salad & Fruit B - PBJ Uncrustable w/Cheese Stick & Crackers, Vegetables of the Day & Fruit	Rib B Que Sandwich Smile Friess, Broccoli and Fruit B - PBJ Uncrustable w/Cheese Stick & Crackers, Vegetables of the Day & Fruit
26	27	28	29	<b>Meal Prices</b>  Breakfast - Free for all Students  Lunch - \$3.00 - Paid
A - French Bread Pizza, Green Beans, Tossed Salad & Fruit B - PBJ Uncrustable w/Cheese Stick & Crackers, Vegetables of the Day & Fruit	A - Sausage, Egg & Cheese Bagel, Hash Brown Patty, Peas & Fruit B - PBJ Uncrustable w/Cheese Stick & Crackers, Vegetables of the Day & Fruit	A - Popcorn Chicken w/ Bread Stick Corn, Smile Potatoes & Fruit B - PBJ Uncrustable w/Cheese Stick & Crackers, Vegetables of the Day & Fruit	A - Subway Sub Tater Tots, Carrots & Fruit B - PBJ Uncrustable w/Cheese Stick & Crackers, Vegetables of the Day & Fruit	